

Suggested Baseline Laboratory Testing Prior to HGH Therapy

Tests:

Glucose
BUN
Uric acid
Sodium
Potassium
Chloride
Calcium
Phosphorus
Total protein
Albumin
Globulin
Total bilirubin
Alkaline phosphatase
LDH
SGOT
SGPT
Iron
Ferritin
Triglycerides
Total cholesterol
HDL cholesterol
LDL cholesterol

Complete blood count (CBC)

Vitamin D (25-hydroxy) level

C-Reactive protein level

DHEA sulfate

Total and free testosterone

PSA

Estradiol

Homocysteine

Fasting insulin

T3, T4, TSH

Somatomedin-C (Insulin Growth Factor-1)

Much of this testing can be obtained as Life Extension's "Male Panel."

Follow-up testing on at least some of the test will likely be needed in about 6 months. If specific abnormalities are found, some earlier retesting may have to be done.

Your blood testing should be preceded by a 12-hour fast, except for water. Also, if you are already taking HGH, you should discontinue it for 2 weeks prior to this initial testing. Take none of your routine supplements during the morning upon arising directly before the blood draw.